INSTALLATION GUIDELINE

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USER GROUP: Adult

RECOMMENDED CREW: 1-2 People

TOOLS REQUIRED:

- · Level, Square
- Hammer / Mallet
- Drill Bits: None
- Anchor Bolts (NOT INCLUDED)

High Speed 3/8" Electric Drill with Clutch (Optional)
NOTE: Use of any other driver may result in damage to

product, tool, and/or hardware! INSTALLATION TIME: 1 Hour

WEIGHT: 97 lbs.

CONCRETE REQUIRED: None

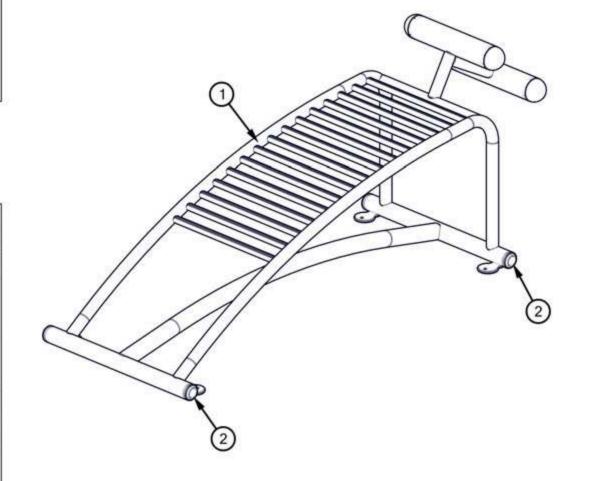
ITEM	Part No.	QTY	DESCRIPTION	
1	AFB13972XX	1	Wldmt. Active Fit Sit Up Bench	
2	HWM0056	4	Insert - Plastic Tubing 2-3/8" - End Cap	

PRE-INSTALLATION CHECK: Customer is responsible for

Customer is responsible for verifying materials received by comparing received items with packing list. If any parts are missing or damaged, including documentation, contact your local sales representative immediately.

Supplier is not responsible for items discovered missing after 72 hours from time of delivery.

Before beginning installation, all installers must read and understand the Installation Introduction manual as supplied. If you did not receive a copy, or if you have any questions regarding any information in the Installation Instructions or this Installation Guideline, contact your local sales representative.



MODEL NUMBER: AFT13972XX

DATE: 12/02/19



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STEP 1

Insert four (4) end caps into open pipe ends on unit. Holes for anchor bolts are 1/2" diameter. Anchor bolts ARE NOT INCLUDED. Installer must determine anchor bolt size, style, and length based upon site conditions. Install anchor bolts according to manufacturer's instructions. Use appropriate hardware to secure unit to anchor bolts. No more than two (2) threads of anchor bolts should extend above securing nuts. If unit is to be mounted in-ground, see INSTALLATION GUIDELINE provided with in-ground mounts.

